

<b>RIGHT</b> UP 3 C	<b>LEFT</b> UP 3 C	<b>RIGHT</b> UP 4 C	<b>LEFT</b> UP 4 C
<b>RIGHT</b> UP 3 D	<b>LEFT</b> UP 3 D	<b>RIGHT</b> UP 4 D	<b>LEFT</b> UP 4 D
<b>RIGHT</b> UP 3 E	<b>LEFT</b> UP 3 E	<b>RIGHT</b> UP 4 E	<b>LEFT</b> UP 4 E
<b>RIGHT</b> UP 3 F	<b>LEFT</b> UP 3 F	<b>RIGHT</b> UP 4 F	<b>LEFT</b> UP 4 F
<b>RIGHT</b> DOWN 3 G	<b>LEFT</b> DOWN 3 G	<b>RIGHT</b> DOWN 4 G	<b>LEFT</b> DOWN 4 G
<b>RIGHT</b> DOWN 3 A	<b>LEFT</b> DOWN 3 A	<b>RIGHT</b> DOWN 4 A	<b>LEFT</b> DOWN 4 A
<b>RIGHT</b> DOWN 3 B	<b>LEFT</b> DOWN 3 B	<b>RIGHT</b> DOWN 4 B	<b>LEFT</b> DOWN 4 B

The aim is to practise placing a handful of fingers correctly.

Outcomes – self-directed, practise finding the named string, getting the right number of fingers on repeatedly, moving around the strings to different octaves, playing ascending or descending notes, getting the correct finger on the starting note to either go up or down.

Cut sheet into individual cards. (NB There isn't one of every note in each hand going up and down – this is random!)

To make the game easier start with one hand, one direction and 3 fingers eg: right, up

Pick random cards and follow the directions: right hand, going upwards, using 3 fingers, starting on C (CDE)

Place the fingers on the strings before you start to play, then play this is 3 or more different places over the harp.

How to make it a bit more challenging:

Moving between the octaves in a set amount of time (set the metronome to play to a beat that is a bit faster than you would normally do, and you have to move up or down the octave to start again in 4 counts).....

Play in unison, in both hands....

Play between the hands with no rests in between the octave repetitions.....